

26th WORLD CONGRESS ON CLINICAL NUTRITION

Theme: "A holistic approach to health through quality nutrition - future and emerging trends"

Workshops: 31st October - 1st November 2023

Conference: 2nd - 4th November 2023

Venue: Heritage Institute of Medical Sciences, Bhadawar,
Uttar Pradesh-221311

ANNOUNCEMENT Brochure



Conference Secretariat

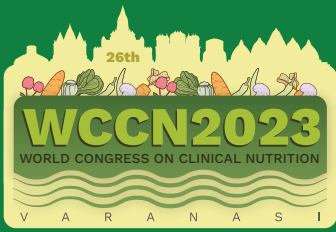
Organizing Chairman

Prof. Dr. M.S.I. Siddiqui HOD General Medicine, HIMS

Phone: 9807252359, 0542-711071, icn2023vns@gmail.com

Web: wccn23varanasi.com





We are privileged to host the 26th World Congress on Clinical Nutrition along with a certificate (Workshop) course on Clinical Nutrition from 31st October to 4th November at Heritage Institute of Medical Sciences, Varanasi.

Kashi or Varanasi is the oldest living city of the world having four Universities and the seat of learning, art, culture and also the religious capital of India. Heritage Institute of Medical Sciences is the first Post-graduate medical institute in the eastern Uttar Pradesh comprising of all specialties department with 1000 bedded hospital.

The Various places of attraction in Varanasi are Ghats of Ganga, Kashi Vishwanath Dham, Rudraksh convention center, Sarnath and other adjoining places. In Addition to great attraction for Hindus, It is equally important for Buddhists as Lord Buddha gave his first sermon after enlightenment at Sarnath. Also an important place for Jains since their three Theerthankan were born at Varanasi. In medical world , Sushruta – the father of surgery and plastic surgery practiced his skills at Varanasi in addition to Lord Dhanvantari Vagbhata who practiced at Kashi.

The organizing committee welcome and extend warm invitation to attend this prestigious World Congress on Clinical Nutrition at Varanasi. And also to embrace the religious, cultural and spiritual aspects of life at Varanasi in a very coordial environment.

The committee is eagerly waiting for your active participation.

Thanks & Regards,



Prof. Dr. M. S. I. Siddiqui
Organizing Chairman
WCCN 2023



Dr. Jitendra Singh
Organizing Secretary
WCCN 2023



Dr. Yogesh Kumar Gaur
Organizing Secretary
WCCN 2023

[click here for the registration](#)

International Faculties



**Dr. Ardalan
Shariat, Iran**



**Dr. Galal Najib
Elkinaly, UAE**



**Dr. Halmy
Eszter, Hungary**



**Dr. Hardinsyah
Ridwan, Indonesia**



**Dr. Krasimira
Hristova, Bulgaria**



**Dr. Aminat
Magomedova, Russia**



**Dr. Maria
Pokotylo, Ukraine**



**Dr. Najah R
Hadi, Iraq**



**Dr. Oleg
Pokotylo, Ukraine**



**Dr. Wan
Manan, Malaysia**



**Dr. Yana
Danailova, Bulgaria**

Organising Committee

ORGANISING COMMITTEE	
CHIEF PATRON	Dr. Siddharth Rai
PATRON	Prof. (Dr.) R. G. Singh
	Brig.(Dr.) V.K. Mehta (Principal)
ORGANISING CHAIRMAN	Prof. (Dr.) M.S.I. Siddiqui
ORGANISING SECRETARY	Dr. Yogesh Kumar Gaur
	Dr. Jitendra Singh
	Dr. Nilesh Rai
JOINT ORGANISING SECRETARY	Dr. Mukta Singh (B.H.U.)
	Dr. Haramohan Sahoo
	Dr. Richa Mishra (Vasanta college for woman Rajghat, BHU)
ADVISORY COMMITTEE	Dr. S N Sankhwar (Director I.M.S.)
	Brig. Dr. V. K. Mehta (Principal)
	Brig.(Dr.) Avatar Narayan (M.S.)
	Dr. S.K. Saraf (HOD of Ortho.)
	Dr. S.C. Goyal
	Brig.(Dr.) K.K. Lahri
	Mrs. Manjari Bajpai (Consultant Dietician)
WORKSHOP COMMITTEE	Dr. Garima Rai
	Dr. Rashmi Singh
	Dr. Suchi Pandey
	Dr. Bikram Gupta
FINANCE COMMITTEE	Dr. Sujit Kumar Ghosh (Chairman)
	Dr. Alok Ojha (Vice Chairman)
	Mr. Vimlesh Kumar (Treasurer)
	Mr. Anuj Rai (Secretary)
SCIENTIFIC COMMITTEE	Dr. Madhukar Rai (Chairman)
	Dr. Madhu Jain
	Dr. O. P. Mishra
	Dr. L. P. Meena
REGISTRATION COMMITTEE	Dr. Saurabh Agrawal (Chairman)
	Dr. Sulakshana Tripathi
	Dr. Arun Kumar Singh
ABSTRACT REVIEW COMMITTEE	Dr. Anju Dinkar
	Dr. Nilesh Kumar
	Dr. Santosh Kumar Singh
TRANSPORT AND MEDIA COMMITTEE	Mr. Ajay Rai (Chairman)
	Mr. Saurabh
	Mr. Vijay chaturvedi
I.T. COMMITTEE	Mr. Parminder (Chairman)
	Mr. Manoj (Secretary)
CATERING COMMITTEE	Prof. Dr. Parul R Agrawal (Chairman)
	Dr. Vishal Singh (Vice Chairman)
VOLUNTARY COMMITTEE	Dr. Shailesh (Chairman)
	Dr. Mahak Jain (Secretary)

Scientific Programme

WORKSHOPS

Workshop Programme - 31 October 2023		
Time	Topic	Speaker
9:00 - 9:30 AM	Inaugural speech (10 min)	Organising Chairman
	Inaugural speech (10 min)	Organising Secretary
	Introduction of workshop course and it's significance	Mrs. Manjari Bajpai Dr. Richa Mishra
9:30 - 10:00 AM	Nutritional assessments and screening tools	Ms. Ritika Samaddar
10:00 - 10:30 AM	Body composition analysis- Demonstration	Ms. Anchal
10:30 - 11:00 AM	Medical Nutrition therapy	Dr. Jigyasu Singh
11:00 - 11:30 AM	Health Benefits of Millets	Dr. Richa Mishra
11:30 - 12:00 PM	Tea Break	
12:00 - 12:30 PM	Nutritional assessment in CKD patients	Dr. Yogesh Gaur
12:30 - 1:00 PM	Medical Nutritional therapy in CKD	Dr. Archana Sinha
1:00 - 1:30 PM	Nutritional Value of our IV fluids	Dr. P. C. Vijaykumar
1:30 - 2:00 PM	Lunch Break	
2:00 - 2:30 PM	Viscious cycle of stress and nutrition	Dr. Garima Upadhyay
2:30 - 3:00 PM	Common eating disorders among college students Importance of nutrition in neurology	Dr. Suchi Pandey Dr. Haramohan Sahoo
3:00 - 3:30 PM	Importance of nutrition in neurology	Dr. Haramohan Sahoo
Workshop Programme - 01 November 2023		
Time	Topic	Speaker
9:00 - 9:30 AM	Meal Planning and use of Exchange List	Dr. Meenakshi Bajaj
9:30 - 10:00 AM	Techniques of Enteral Feeding and RT feed	Dr. Shilpi Tripathi
10:00 - 10:30 AM	Ayurvedic and Vedic concept of nutrition	Mrs. Manjari Bajpai
10:30 - 11:00 AM	Importance of dietary antioxidants in health and diseases	Dr. Meera Pal
11:00 - 11:30 AM	Tea Break	
11:30 - 12:00 PM	Importance of nutrition during pregnancy	Dr. Naresh Pal Singh
12:00 - 12:30 PM	Dietary management in cardiovascular diseases	Dr. Archana Sinha
12:30 - 01:00 PM	Nutritional support in shock	Dr. Sulakshana
1:00 - 1:30 PM	Lunch Break	
1:30 - 2:00 PM	Diet in dermatological diseases	Dr. Rashmi
2:00 - 2:30 PM	Nutrition and the eye	Dr. Garima Rai
2:30 - 3:00 PM	Exercise and Nutrition for Healthy Ageing	Prof. Dr. Parul R Agrawal
2:30 - 4:30 PM	Modules presentation	
	Hands on mannequin	
	Prize Distribution	

Scientific Programme

DAY 1

Conference Programme - 02 November 2023

Time	Topic	Speaker
8:00 - 8:30 AM	Dietary patterns and CVD risk in patients with type 2 diabetes	Prof. Kausar Usman
8:30 - 9:00 AM	Tele-herbal consultations for the prevention and treatment of musculoskeletal disorders across occupations	Dr. Ardalan Shariat
9:00 - 9:30 AM	Overview of nutrition and food security - Malaysia	Dr. Wan Mannan
9:30 - 10:00 AM	Is the eating behaviour of adolescent and its impact on health different in India, Uganda & Russia	Dr. Aminat Magomedova
10:00 - 10:30 AM	Nutrogenics and health	Dr. Shailendra Dwivedi
10:30 - 11:00 AM	Dietary trials in the prevention of CVDs and diabetes	Dr. R.B. Singh
11:00 - 11:30 AM	Tea Break	
11:30 - 12:00 PM	Chrononutrition: Implications in health and disease	Dr. Afroz Abidi
12:00 - 12:30 PM	Chrononutrition and type 2 diabetes	Dr. Suneeta Chandorkar
12:30 - 1:00 PM	Challenges of clinical evaluation in nutraceuticals	Dr. B Dinesh Kumar
1:00 - 2:00 PM	Lunch Break	
2:00 - 2:30 PM	The role of circular economics in food industry, nutraceuticals; an adjunct to disease prevention	Dr. Douglas Wilson
2:30 - 3:00 PM	Folate data on north indian school going kids as well as genomics data (Discovery phase GWAS)	Dr. Dwaipayana Bharadwaj
3:00 - 3:30 PM	Food safety and quality with reference to humans well being	Dr. Anil Kumar Chauhan
3:30 - 4:00 PM	Nutritional surveys, interventions and novel recommendations in obesity	Dr. Halmy Eszter
4:00 - 4:30 PM	Valorisation of waste for development of functional food ingredients combating chronic diseases	Dr. Abhishek Dutt Tripathi
4:30 - 5:00 PM	Inauguration	
	Lamp Lighting	
5:00 - 7:00 PM	Cultural Program	

Scientific Programme

DAY 2

Conference Programme - 03 November 2023

Time	Topic	Speaker
8:00 - 8:30 AM	The impact of social media on the choice of community diets	Dr. Poorvi Bhat
8:30 - 9:00 AM	Stress eating- a growing problem among youth	Dr. Kalpana Zutshi
9:00 - 9:30 AM	Chrononutrition in prevention of NCDs	Dr. Ghizal Fatima
9:30 - 10:00 AM	Hormone and Nutrition: Interwined	Dr. Jaideep Khare
10:00 - 10:30 AM	Common eating disorderS among college students	Bhavya Mehta
10:30 - 11:00 AM	Spices, nutraceuticals and functional food	Dr. Amit Krishna de
11:00 - 11:30 AM	Tea Break	
11:30 - 12:00 PM	History of nutrition and cardiovascular disease	Dr. Galal Elkinaly
12:00 - 12:30 PM	Ketogenic diet in Epilepsy	Dr. Shinu Singla
12:30 - 1:00 PM	Nutrition in CVA	Dr. Bhaskar Shukla
1:00 - 1:30 PM	CKD,Protein energy wasting	Dr. Arpit Gupta
1:30 - 2:30 PM	Lunch Break	
2:30 - 3:00 PM	Nutrition disorders imaging insight	Dr. Gaurav Sharma
3:00 - 3:30 PM	Nutrition and bone health: the known and the unknown	Dr. Alok Prusty
3:30 - 4:00 PM	Nutrition in Geriatric population	Dr. Saumya Swaroop Sahoo
4:00 - 4:30 PM	Role of nutrition in Cirrhotic patients	DT. MS Chahal
4:30 - 5:00 PM	Diet metabolism, immune rheumatic disease for metabolic regulation of immunity to disease	Dr. Able Lawrence
5:00 - 5:30 PM	Role of Nutrition in children with cancer	Dr. Vikas Dua
5:30 - 6:00 PM	Indian adolescents' perceptions of packaged food and food labels- A qualitative inquiry from rural Varanasi	Dr. Neha Rathi
6:00-6:30 PM	Critical role of LOX-1 receptors in cardiovascular disease and the impact of phenolic compounds on these receptors	Dr. Najah R Hadi
6:30-7:00 PM	Nutraceuticals in sports	Dr. Jitender Munjal
7:00 PM	Gala Dinner	

Scientific Programme

DAY 3

Conference Programme - 04 November 2023

Time	Topic	Speaker
8:00 - 8:30 AM	A review on current status of research in breast feeding	Dr. Raja Sriswan
8:30 - 9:00 AM	Role of healthy food on cognition and mental power	Zaraish Dhanani
9:00 - 9:30 AM	Dynamics of pyridoxal phosphate to preserve pancreatic beta cells health: lessons from stem cell programming	Dr. Vijayalakshmi Venkatesan
9:30 - 10:00 AM	Nutrition in ERAS	Dr. Sribatsa Mahapatra
10:00 - 10:30 AM	Role of Nutrition in TB elimination efforts of India	Dr. Shiv Joshi
10:30 - 11:00 AM	Elucidating complex relationship between diet and Non Alcoholic fatty acid liver disease	Dr. Zeba Siddiqui
11:00 - 11:30 AM	Tea Break	
11:30 - 12:00 PM	In silico evaluation of phytochemicals against epigenetic bio markers in head and neck cancer	Dr. Zainab Siddiqui
12:00 - 12:30 PM	Nutrition and micronutrients in pregnancy	Dr. Fareha Khatoon
12:30 - 1:00 PM	Prevention of Vitamin D deficiency in breast fed infants: A paradigm shift	Dr. M.M.A Faridi
1:00 - 1:30 PM	Mental health and nutrition	Dr. Sudip Chowdhury
1:30 - 2:30 PM	Lunch Break	
2:30 - 3:00 PM	Nutrition and ophthalmology	Dr. Bhavya Gokani
	The myth breakers	
3:00 - 3:30 PM	Nutrition for cancer patients: selection of right combinations	Dr. Yogeshwar Shukla
3:30 - 4:00 PM	Role of Nutrition in CVS abnormalities	Dr. Ambukeshwar Singh
4:30 - 5:00 PM	Nutraceuticals and their regulations	Dr. Meenakshi Singh
5:00 - 5:30 PM	Nuts and diabetes	Dr. S.K Gautam

Abstract Guidelines

- Abstracts are to be submitted online.
- It is mandatory to register before abstract submission.
- Abstracts must be in English, in Word Doc format, Ariel font - point size 12. Should not exceed 300 words.
- Case reports will be considered as poster presentation.
- Abstracts must be original and should not have been submitted / presented / intended for presentation elsewhere before WCCN 2023.
- The presenting delegate should obtain necessary regulatory permissions and take responsibility for the accuracy of the results.
- An e-mail confirming the receipt of abstract, including an abstract number, will be sent to the submitting delegate.
- This number should be quoted for all further correspondence.
- Line diagram and table is allowed in abstract.
- Title should not be repeated in both categories.
- A delegate can submit a Maximum of three abstracts as the presenting author.
- Abstracts will be reviewed by a panel of experts and selected for Oral / E- Poster presentation based on merit.
- Selection committee has the right to reject or accept the paper/poster or case reports or series.
- The acceptance and mode of presentation will be intimated to delegates via e-mail latest by **25th October 2023**.
- The last date for submission of abstracts is extended till **20th October 2023**.
- For any query related to **abstract submission please contact icn2023vns@gmail.com**

[Click here for Abstract Submission](#)

Registration Form

REGISTRATION FORM

Personal Details

For offline registration, please fill this form

Title Prof. Dr. Mr. Ms.

Full Name Nationality

Gender Male Female Email ID

City State Country

Mobile No Address

Name to be printed on Certificate & Badge

REGISTRATION DETAILS

Category	Till 30th Sep 2023	From 1st Oct to 31st Oct 2023	On Spot
ICN Member	INR 5000	INR 6000	INR 7000
Non ICN Member	INR 6000	INR 7000	INR 8000
PG / Nurses / Paramedical	INR 3000	INR 4000	INR 5000
Workshop for Certificate Course	INR 2000	INR 3000	INR 4000
International Delegate	\$300	\$400	\$500

18% GST is included in the registration fee

Payment Details

You can pay by Cheque / Demand Draft in favour of "WCCN 2023"

Payable at Varanasi

Account Number: 57130200000224 **Account Name:** WCCN 2023

Bank Name: Bank of Baroda **Branch Name:** Heritage Hospital Branch VARANASI

IFSC code: BARB0HERVAR (Fifth character is zero)

Conference Secretariat

Organizing Chairman

Prof. Dr. M.S.I. Siddiqui HOD General Medicine, HIMS

Phone: 9807252359, 0542-711071, icn2023vns@gmail.com

Web: wccn23varanasi.com

For more information Visit our Web: www.wccn23varanasi.com

About Venue

Welcome to Heritage Institute of Medical Sciences, a pioneering institution committed to deliver the best healthcare, education and medical experiences in Purvanchal. Approved by Government of India and National Medical Commission (NMC), HIMS is a medical institute with a built up area of more than 12 lac square feet, and an accomplished faculty to prepare the best doctors of coming times.

HIMS is strictly compliant with the guidelines of Medical Council of India/ NMC. All programs offered are approved by Ministry of Health & Family Welfare, Government of India, and are affiliated with MGKVP University.

HIMS hosts a faculty of academicians from premier institutes including AIIMS, BHU, AMU, KGMU, CMC etc with broad experience of 25-30 years in their respective fields.

With 10 lac sq.ft. of completed construction and the rest in active development, HIMS is one of the largest medical institutions in UP. Situated in a highly connected secure campus and integrated learning environment, HIMS is pushing the envelope of educational excellence.

The visionary minds behind HIMS believe in providing the best technology and comforts to the HIMS family. Sophisticated labs, comfortable hostel, and a multicuisine mess are just a few of the numerous glories.

At HIMS, a state of the art hospital of 1000 beds functions cater to healthcare facilities whole of Purvanchal. Latest surgical, medical and diagnostic specialties coupled with experienced Professors lead the various departments and train future doctors.



Place to Visit in Varanasi



Kashi Vishwanath Temple (corridor)

The Kashi Vishwanath Temple is a famous Hindu temple dedicated to Lord Shiva. It is located in Vishwanath Gali of Varanasi, Uttar Pradesh in India. The temple stands on the western bank of the holy river Ganga, and is one of the twelve Jyotirlingas, the holiest of Shiva temples.



Ganga Arti Trip

The aarti is always carried out facing the River Ganga. A lot of lamps are lit during the aarti. They are usually circled out by priests. It is always done clockwise. The aarti is always accompanied by different songs sung while praising the Ganga.



Varanasi Ghats (Banaras Ghats)

The ghats in Varanasi descend from the city down the banks and into the waters of the holy River Ganges. Ghats in Varanasi are riverfront steps leading to the banks of the River Ganges. The city has 88 ghats. Most of the ghats are for bathing and puja ceremony.



Bharat Kala Bhavan Varanasi

Bharat Kala Bhavan is a museum located in Banaras Hindu University, Varanasi, India. It has been instrumental in the dissemination of knowledge on Indian art and culture. It is one of the important touristic attractions in the Banaras Hindu University and in the city of Varanasi.



Ramnagar Fort Varanasi

Ramnagar Fort is located on the eastern bank of River Ganges, in Varanasi. The 18th-century red sandstone fort was built in Mughal style by the ruler of Kashi, Maharaja Balwant Singh. It is said to be the ancestral home of the Maharaja of Banaras.



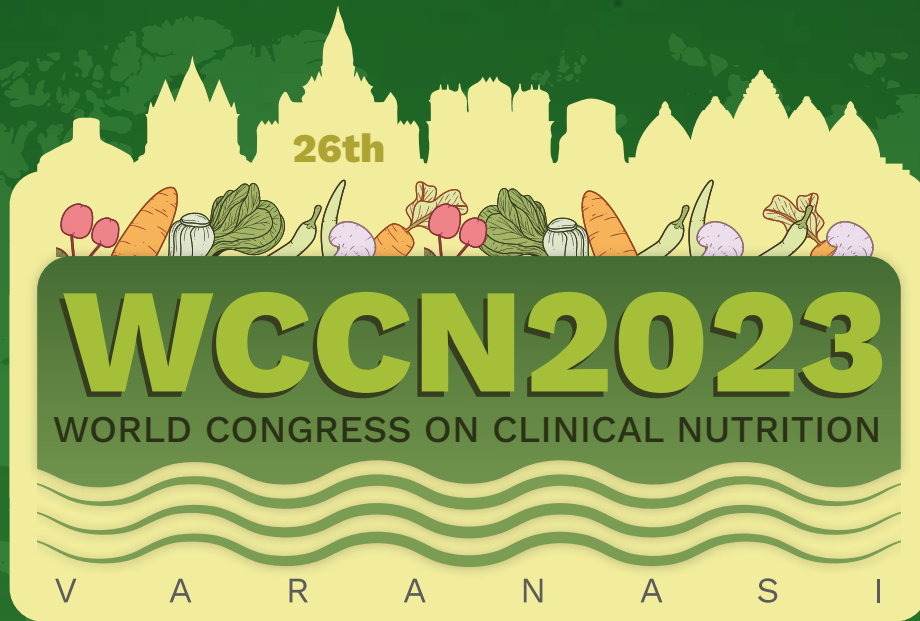
Sankat Mochan Temple Varanasi

A pilgrimage tour of Varanasi is not complete without visiting Sankat Mochan Temple. The Sankat Mochan Hanuman Temple is situated on the banks of the Assi river



Sarnath Temple Varanasi

Sarnath (also referred to as Sarangnath, Isipatana, Rishipattana, Migadaya, or Mrigadava)[1] is a place located 10 kilometres (6.2 miles) northeast of Varanasi, near the confluence of the Ganges and the Varuna rivers in Uttar Pradesh, India. Sarnath is where, circa 528 BCE, at 35 years of age, Gautama Buddha taught his first sermon after attaining enlightenment at Bodh Gaya.



Conference Secretariat

Prof. Dr. M.S.I. Siddiqui

Organizing Chairman

HOD General Medicine, HIMS

Phone: 9807252359, 0542-711071, icn2023vns@gmail.com



Professional Conference Organiser

Meetings and More

Email: projects3@meetingsnmore.com | Mobile: +91 97168 02158

For more information Visit our Web: wccn23varanasi.com