



# 26<sup>th</sup> WORLD CONGRESS ON CLINICAL NUTRITION

Theme: "A holistic approach to health through quality nutrition - future and emerging trends"

Workshop: 31st October- 1st November 2023 | Conference: 2nd-4th November 2023

Venue: Heritage Institute of Medical Sciences, Varanasi, Uttar Pradesh, India

## Programme

### Conference Programme - 02 November 2023

Time	Topic	Speaker	Chairperson
08:00 - 08:30 AM	Dietary patterns and CVD risk in patients with type 2 diabetes	Prof. Kausar Usman	Dr. Anil Kumar Chauhan Dr. R.G Singh Dr. Fareya Haider
08:30 - 09:00 AM	Tele-herbal consultations for the prevention and treatment of musculoskeletal disorders across occupations	Dr. Ardalan Shariat	
09:00 - 09:30 AM	Valorisation of waste for development of functional food ingredients combating chronic diseases	Dr. Abhishek Dutt Tripathi	
09:30 - 10:00 AM	Is the eating behaviour of adolescent and its impact on health different in India, Uganda & Russia	Dr. Aminat Magomedova	Dr. Alok Singh Dr. M K Srivastav Dr. Nikhil Sinha
10:00 - 10:30 AM	Nutrogenics and health	Dr. Shailendra Dwivedi	
10:30 - 11:00 AM	Dietary and mortality due to CVDs and Diabetes.	Dr. R.B.Singh	
11:00 - 11:30 AM	Tea Break		
11:30 - 12:00 PM	Chrononutrition: Implications in health and disease	Dr. Afroz Abidi	Dr. Madhukar Rai Dr. R B Singh Dr. Alok Tripathi
12:00 - 12:30 PM	Chrononutrition and type 2 diabetes	Dr. Suneeta Chandorkar	
12:30 - 01:00 PM	Challenges of clinical evaluation in nutraceuticals	Dr. B Dinesh Kumar	
01:00 - 02:00 PM	Lunch Break		
02:00 - 02:30 PM	The role of circular economics in food industry, nutraceuticals; an adjunct to disease prevention	Dr. Douglas Wilson	Dr. O P Mishra Brig. (Dr.) K K Lahiri Dr. B D Bhatia
02:30 - 03:00 PM	Folate data on north indian school going kids as well as genomics data (Discovery phase GWAS)	Dr. Janaki Nair	
03:00 - 03:30 PM	Food safety and quality with reference to humans well being	Dr. Anil Kumar Chauhan	
03:30 - 04:00 PM	Nutritional surveys, interventions and novel recommendations in obesity	Dr. Halmy Eszter	
04:00 - 04:30 PM	Elucidating complex relationship between diet and Non Alcoholic fatty acid liver disease	Dr. Zeba Siddiqui	
04:30 - 05:30 PM	Inauguration & Lamp lighting		

### Conference Programme - 03 November 2023

Time	Topic	Speaker	Chairperson
08:00 - 08:30 AM	The impact of social media on the choice of community diets	Dr. Poorvi Bhat	Dr. Lalit P Meena Dr. Ajay Kumar Pandey Dr. MK Srivastav
08:30 - 09:00 AM	Stress eating- a growing problem among youth	Dr. Kalpana Zutshi	
09:00 - 09:30 AM	Chrononutrition in prevention of NCDs	Dr. Ghizal Fatima	

09:30 - 10:00 AM	Hormone and Nutrition: Interwined	Dr.Jaideep Khare	Dr. Saurabh Dr. S C Goyal
10:00 - 10:30 AM	CKD,Protein energy wasting	Dr. Arpit Gupta	
10:30 - 11:00 AM	Dietary supplementation of spices as antioxidants	Dr.Amit Krishna de	
11:00 - 11:30 AM	Tea Break		
11:30 - 12:00 PM	History of nutrition and cardiovascular disease	Dr. Galal Elkinaly	Dr. Ghizal Fatima Dr. Madhu Jain
12:00 - 12:30 PM	Ketogenic diet in Epilepsy	Dr.Shinu Singla	
12:30 - 01:00 PM	Nutrition in CVA	Dr. Bhaskar Shukla	
01:00 - 01:30 PM	Importance of nutrition in neurology	Dr. Haramohan Sahoo	
01:30 - 02:30 PM	Lunch Break		
02:30 - 03:00 PM	Nutrition disorders imaging sight	Dr.Gaurav Sharma	Dr. Galal Elkinaly Brig.(Dr.) V.K Mehta Dr. Alok Kumar Singh
03:00 - 03:30 PM	Nutrition and bone health: the known and the unknown	Dr. Alok Prusty	
03:30 - 04:00 PM			
04:00 - 04:30 PM	Role of nutrition in Cirrhotic patients (Virtual)	DT. MS Chahal	
04:30 - 05:00 PM	Diet metabolism, immune rheumatic disease for metabolic regulation of immunity to disease	Dr. Able Lawrence	Dr. Nilesh Rai Dr. Manjari Bajpai Dr. Mukta Singh
05:00 - 05:30 PM	Role of Nutrition in children with cancer	Dr.Arun Danewa	
05:30 - 06:00 PM	Indian adolescents' perceptions of packaged food and food labels- A qualitative inquiry from rural Varanasi	Dr.Neha Rathi	
06:00 - 06:30 PM	Critical role of LOX-1 receptors in cardiovascular disease and the impact of phenolic compounds on these receptors	Dr. Najah R Hadi	Dr. Richa Mishra Dr. S K Gautam Dr. Amit Krishna Dey
06:30 - 07:00 PM	Nutraceuticals in sports	Dr. Jitender Munjal	
07:00 Onwards	Gala Dinner		
<b>Conference Programme - 04 November 2023</b>			
<b>Time</b>	<b>Topic</b>	<b>Speaker</b>	<b>Chairperson</b>
08:00 - 08:30 AM	A review on current status of research in breast feeding	Dr.Raja Sriswan	Dr. Saurabh Agarwal Dr.S.K. Singh Dr. Parul R Agarwal
08:30 - 09:00 AM	Role of healthy food on cognition and mental power	Zaraish Dhanani	
09:00 - 09:30 AM	Dynamics of pyridoxal phosphate to preserve pancreatic beta cells health: lessons from stem cell programming	Dr. Vijayalakshmi Venkatesan	
09:30 - 10:00 AM	Nutrition in ERAS	Dr.Sribatsa Kumar	Dr. B Dinesh Kumar Dr. Anamika Singh
10:00 - 10:30 AM	Role of Nutrition in TB elimination efforts of India	Dr. Shiv Joshi	
10:30 - 11:00 AM	Alternative diets: Benefits and potential risks	Dr. Yana Danailova	
11:00 - 11:30 AM	Tea Break		
11:30 - 12:00 PM	In silico evaluation of phytochemicals against epigenetic bio markers in head and neck cancer	Dr.Zainab Siddiqui	Dr. Vijayalakshmi Venkatesan Brig (Dr.) Avatar Narayan
12:00 - 12:30 PM	Nutrition and micronutrients in pregnancy	Dr.Fareha Khatoon	
12:30 - 01:00 PM	Alternative diets and cardiovascular health	Dr. Krasimira Hristova	
01:00 - 01:30 PM	Mental health and nutrition	Dr.Sudip Chowdhury	
01:30 - 02:30 PM	Lunch Break		
02:30 - 03:00 PM	Nutrition and ophthalmology	Dr.Bhavya Gokani	Dr. Sandeep Kumar Gupta Dr. Alok Tripathi
	The myth breakers		
03:00 - 03:30 PM	Nutrition for cancer patients: selection of right combinations	Dr.Yogeshwar Shukla	Dr. MSI Siddiqui Dr. Jitendra Singh Dr. Satish Patel
03:30 - 04:00 PM	Gut brain axis - Neurologist	Dr.Mukesh Kumar	
04:00 - 04:30 PM	Nutraceuticals and their regulations	Dr. Meenakshi Singh	
04:30 - 05:00 PM	Nuts and diabetes	Dr. S.K Gautam	