



26th WORLD CONGRESS ON CLINICAL NUTRITION

Theme: "A holistic approach to health through quality nutrition - future and emerging trends"

Workshop: 31st October- 1st November 2023 | Conference: 2nd-4th November 2023

Venue: Heritage Institute of Medical Sciences, Varanasi, Uttar Pradesh, India

Workshop Programme

Workshop Programme - 31st October 2023			
Time	Topic	Speaker	Chairperson
09:00 - 09:30 AM	Inaugural speech (10 min)	Dr. MSI Siddiqui	Dr. P C Vijaya Kumar Dr. Haramohan Sahoo
	Inaugural speech (10 min)	Dr. Yogesh Gaur	
	Introduction of workshop course and it's significance	Dr. Manjari Bajpai Dr. Richa Mishra	
09:30 - 10:00 AM	Nutritional assessments and screening tools	Ms. Ritika Samaddar	
10:00 - 10:30 AM	Body composition analysis- Demonstration	Ms. Anchal	
10:30 - 11:00 AM	Medical Nutrition therapy	Dr. Jigyasu Singh	
11:00 - 11:30 AM	Techniques of Enteral Feeding and RT feed	Dr. Shilpi Tripathi	
11:30 - 12:00 PM	Tea Break		
12:00 - 12:30 PM	Dietary management in cardiovascular diseases	Dr. Archana Sinha	Dr. Suchi Pande Dr. Vandana Singh
12:30 - 01:00 PM	Medical Nutritional therapy in CKD	Dr. Archana Sinha	
01:00 - 01:30 PM	Nutritional Value of our IV fluids	Dr. P C Vijaya Kumar	
01:30 - 02:00 PM	Lunch Break		
02:00 - 02:30 PM	Viscious cycle of stress and nutrition	Dr. Garima Upadhyay	Dr. Jigyasu Singh Dr. Garima Upadhyay
02:30 - 03:00 PM	Common eating disorders among college students	Dr. Suchi Pande	
03:00 - 03:30 PM	Pre-clinical evaluation & validation methodology of herbals	Dr. Vandana Singh	
Workshop Programme - 01 November 2023			
Time	Topic	Speaker	Chairperson
09:00 - 09:30 AM	Meal Planning & use of Exchange List	Dr. Meenakshi Bajaj	Dr. Yogesh Gaur Dr. Garima Rai
09:30 - 10:00 AM	Health benefits of millets	Dr. Richa Mishra	
10:00 - 10:30 AM	Ayurvedic and Vedic concept of nutrition	Dr. Manjari Bajpai	
10:30 - 11:00 AM	Importance of dietary antioxidants in health and diseases	Dr. Meera Pal	
11:00 - 11:30 AM	Tea Break		
11:30 - 12:00 PM	Importance of nutrition during pregnancy	Dr. Naresh Pal Singh	Dr. Meera Pal Dr. Rashmi Singh
12:00 - 12:30 PM	Nutritional assessment in CKD patients	Dr. Yogesh Gaur	
12:30 - 01:00 PM	Nutritional support in shock	Dr. Sulakshana Tripathi	
01:00 - 01:30 PM	Lunch Break		
01:30 - 02:00 PM	Diet in dermatological diseases	Dr. Rashmi Singh	Dr. Sulakshana Tripathi Dr. Naresh Pal Singh
02:00 - 02:30 PM	Nutrition and the eye	Dr. Garima Rai	
02:30 - 03:00 PM	Exercise & Nutrition for Healthy Ageing	Dr. Parul R Agarwal	
03:00 - 04:00 PM	Introduction to Clinical Research Manuscript Writing	Dr. Shubhasis Dan	